

# “The Transfiguration of Jesus on Mount Tabor”...

## FROM THE GOSPEL ACCORDING TO - *LUKE* -:

*“About eight days after he said this, he took Peter, John, and James and went up the mountain to pray. While he was praying his face changed in appearance and his clothing became dazzling white.”*

*(Luke 9:28-29)<sup>1</sup>*

## MEDITATION ON THE MYSTERY:

Lord, give us the great grace to attain, step by step, such a high and luminous example of life: bringing Bible passage after Bible passage to life in ourselves, so that we too can hold on high, with our example, Your Word of Life on one hand and the Prophecy of the Magisterium of the Church on the other.

*(cf. SLC, p. 449)*

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

In regards to giving light, St. Maximus the Confessor says: “[Jesus] has designated holy Church the lamp stand, over which the word of God sheds light through preaching... This word is most unwilling to be kept under a bushel; it wills to be set in a high place, upon the sublime beauty of the Church.”

*(MAXIMUS THE CONFESSOR, in: Office of Readings, Wednesday Week XXVIII O.T.)*

<sup>1</sup> NABRE (USCCB)

## FREE AND PERSONAL MEDITATION

*( for a personal contribution to give to those who listen ) :*

- .....
- .....

*Then follows ...*

1 Our Father ...

5 Hail Mary ...

1 Glory be to the Father ... (Sung)

- Praised be,,,

- O my Jesus, forgive us...

- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

*Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...*